

Swannies Canteen Menu



MAROOCHYDORE
STATE HIGH SCHOOL
STRIVE AND SERVE

Breakfast Menu

Granola & Yoghurt Bowl (V)	\$4.00
Fresh Fruit Deli Bowl (V) (VE) (GF)	\$4.00
Bacon & Egg Muffin	\$4.50
Tst Tomato & Cheese (V)	\$4.00
Tst Ham, Cheese & Tomato	\$4.50
Hash Browns (V) (VE) (GF)	\$2.00

Hot Selection - 1st & 2nd Break

Chicken Burger	\$5.50
Chicken Chips	\$3.50
Pasta Bolognaise	\$6.00
Cheeseburger	\$5.50
Satay Veg & Rice (w/Nuts) (GF) (V) (VE)	\$5.50
Vegetable Gnocchi (V) (VE Option)	\$5.50
Sweet Chilli Chicken Wrap	\$6.50
Pulled Beef Nachos (GF)	\$6.50
Chunky Steak Pie	\$5.50
Bacon & Cheese Pie	\$5.50
Sausage Roll	\$4.00
Spinach & Fetta Triangle (V)	\$4.00
Noodle Cup (Chicken/Beef)	\$3.00
Garlic Bread for One (V)	\$3.00
Tomato/ BBQ Sauce	\$0.50
Enviro. Fork or Spoon	\$0.50
Home Noodles/Reheating	\$1.00

V=Vegetarian GF=Gluten Free VE=Vegan

Gourmet Cold Selection 1st & 2nd Break

Salad Bowls

Caesar Salad (GFO)	\$6.00
Chicken Caesar Salad (GFO)	\$6.50
Quinoa Mediterranean Salad (V) (GF) (VEO)	\$6.50
Garden Salad (V) (GF)	\$6.00
Chicken, Ham, or Tuna w/ Garden Salad (GF)	\$6.50
Frittata Salad	\$6.50

Sandwiches/Wraps/Rolls

Chicken Caesar Wrap	\$6.50
Salad Wrap (V)	\$6.00
Chicken, Ham, or Tuna Salad Wrap	\$6.50
Falafel, Hommus & Sweet Chilli Salad Wrap	\$6.50
Tandoori Chicken Wrap	\$6.50
Tst Chicken, Cheese, Avo & Mayo Turkish	\$6.50
Tst Moroccan Pumpkin Turkish (V)	\$6.50
Tst Pesto Chicken, Sun-Dried Tomato Turkish	\$6.50
Egg & Lettuce Sandwich (V)	\$4.50
Chicken, Ham, or Tuna Salad Sandwich	\$5.50
Available on Turkish Additional	\$2.00
Available on Bread Roll Additional	\$1.50

Sushi Rolls

Daily Selection	\$4.00
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Options Available by Order Only

Order Online

Step 1: Download Qkr! App > Step 2: Register > Step 3: Find our school > Step 4: Add Student Profile > Step 5: Place Order

Order at School

Call into the Canteen & place your order before school.

Baked Delights

Fresh Baked Muffins	\$3.00
Big Choc Chip Cookie	\$3.00
Banana Bread	\$3.00

Snacks

Fresh Assorted Fruit (V) (GF)	\$1.00
Honey Soy Chips (GF)	\$2.00
Smith Original Chips (V) (GF)	\$2.00
Grain Waves Sour Cream & Chive	\$2.00
Jelly Bowls	\$2.00
Sweet Treat (Various)	\$1.00

Frozen Treats

TNT (GF)	\$1.00
Apple/Blackcurrant or Orange Juice Cup	\$1.00
Frozen Yoghurt	\$2.50
Paddle Pops – Rainbow or Choc	\$2.50
Lemonade Icy Twist	\$2.00
Calippo	\$2.00
Cyclone	\$3.50
Frozen Mango or Strawberry Yoghurt	\$3.50
Twisted Mini Choc/ Vanilla Frozen Yoghurt	\$2.50

Cold Drinks

Water 600ml	\$2.00
Water 1L	\$3.00
Juice Bombs	\$3.00
Waterford's Flavoured Mineral Water	\$4.00
Kombucha	\$3.50
Breaka Flavoured Milk 300ml	\$3.50
OAK Flavoured Milk 600ml	\$4.50
Plain Milk	\$2.50
Bottled Juice	\$3.50
Nippy's Iced Chocolate/Coffee	\$3.50
Blast Ade	\$3.00

Hot Drinks

Available 7.00am – 1.30pm

Coffee – Flat White, Latte, Cappuccino, Long Black, Iced Latte, Chai, Hot Chocolate (Marshmallows Optional), Tea.	
Small	\$4.00
Large	\$5.50
BYO Cup and only pay.	\$4.00
Caramel, Vanilla & Hazelnut Syrup	\$0.50
Lactose Free, Soy, Almond & Oat Milk	\$0.50

Enquiries: Ph- 5409 7368 | E- canteen@maroochydoreshs@eq.edu.au

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