

ENGAGING ADOLESCENTS™

PARENT COURSE

Parenting skills for resolving teenage behaviour problems

A seminar for parents and carers
at **Maroochydore State High School**
160 Maroochydore Road, Maroochydore
Course commencing 13th August, 6.30 – 8.30pm over three weeks

Location: J Block (Library)



What can I learn?

- ✓ Some common ground shared by parents & reasonable expectations to hold about adolescents
- ✓ New understandings of adolescence
- ✓ A three-option model & flow chart for decision-making
- ✓ Self-check-in, first - for parents
- ✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
- ✓ Skills for tough conversations for handling those problems you just can't ignore

Registration Details

There is no cost for this course.

To register your interest email: admin@maroochyshs.eq.edu.au (Limited places)

Who's running it?

The trainer for this course is Mr Rick Nuttall who completed the Engaging Adolescents training 2014. Rick is the Dean of Students - Senior School, holds a Master's Degree in Educational Leadership & Management and is the father of two children.

•An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •

This course is being run by a Parentshop® licensed practitioner.

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