

## Requirements

To be accepted and remain in the program, students must:

- maintain a pass grade for all subjects
- achieve A's and B's in effort and behaviour
- be involved in a sport outside of school that requires training and dedication
- foster a positive attitude and be willing to work hard
- enjoy challenges and seek improvement opportunities.

## How much?

A fee of \$275 will cover transport, facility, uniform, administration and guest speaker costs. Payment plans are also available.



# SPORTS

# DEVELOPMENT

PROGRAM

## How to apply

Complete the following:

1. Application form addressing specific selection criteria in both academic and sporting fields.
2. Provide the latest report card and a minimum of two referees (one academic and one sporting).

Short listed students will be invited to participate in a physical activity challenge followed by an interview to determine suitability.

## More information

(07) 5409 7333

[admin@maroochyshs.eq.edu.au](mailto:admin@maroochyshs.eq.edu.au)

[www.maroochyshs.eq.edu.au](http://www.maroochyshs.eq.edu.au)

 Sports Development Program

 @sports\_development\_program



MAROOCHYDORE  
STATE HIGH SCHOOL

STRIVE AND SERVE



# SPORTS DEVELOPMENT PROGRAM

SUPPORTING SUSTAINABLE, WELL-ROUNDED AND ACADEMIC ATHLETES



MAROOCHYDORE  
STATE HIGH SCHOOL

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## About the program

Sport is an important part of the Australian way of life.

**The Sports Development Program (SDP) is a 12-month targeted development program for students passionate about sport.**

The program focuses on the growth of each student, including their mental and physical strength and aims to improve non-technical skills that will benefit them in their own sporting progression.

## Who is it for?

Students who:

- enjoy a wide variety of physical activity
- have achieved at an above average level in some areas of physical endeavour
- have a high level of focus and determination to succeed in physical and academic areas of schooling.

## How it works

Students accepted into the program will not experience the regular Health and Physical Education subject. Instead, they will participate in accelerated theory units aimed at:

- **maintaining mental health**
- **recognising and preventing injury**
- **perusing a growth mindset**
- **nutrition**
- **goal setting**
- **education on healthy living**
- **public speaking education.**

Additionally, students will experience a wider variety of sporting opportunities on and off campus.

Students will have access to specialised development officers and professionals across a range of these activities.

They will have access to local facilities to participate in a range of sports including the following:

- **Biathlon**
- **Rowing**
- **Aerobics**
- **Circuit and personal training**
- **Beach volleyball**
- **Spikeball**
- **Surf life saving**
- **Badminton.**

## Future pathways

Students may further their study of Health and Physical Education during their senior study at Maroochydore State High School.

Student have access to a range of employment opportunities that draw on skills developed in the program.

These include: careers in the health and fitness industry, physiotherapy, medical sciences, sport sciences, chiropractic, nursing, sports education, and various options in the defence forces.

## Benefits

- Access to sporting facilities and clubs off-campus.
- Exposure to and interaction with elite sports people as role models and mentors.
- Opportunities to participate in work experience and career counselling within the sports industry.
- Facilitated transport.
- Program uniform.
- Relevant industry-specific learning.

### Community partnerships

